CHAPTER 3: BIOACTIVE AND EXCIPIENTS PROFILE

3.1 Profile of Bioactive "Resveratrol"

Resveratrol, also known as 3,5,4'-trihydroxy trans-stilbene is a naturally occurring polyphenolic compound, mainly originates from berries, grapes, and red wine (Arora & Nanda 2019). It has been reported to show potent antioxidant, anti-inflammatory, anti-proliferative and anti-cancer effects. "Resveratrol (3,5,4'-trihydroxy trans-stilbene)" is a natural polyphenolic and a phytoalexin compound. It is a member of the "stilbene family of phenolic compounds". Its prime sources are "grapes, nuts, wine, grape juice, cranberries, mulberries, cranberry juice, and peanuts" (Chedea et al. 2017). It is produced by these plants as a response mechanism to injury and scratch.

Structurally, it is characterized by "two benzene rings linked through isopropyl moiety separated by a double bond". The chemical structure of Resveratrol is shown in Figure 3.1.

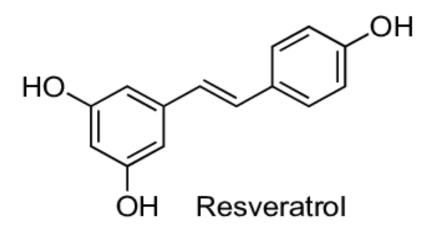


Figure 3.1: Structure of *trans* Resveratrol

It is a well known "activator of the protein deacetylase sirtuin (*SIRT*) gene" in mitochondria, due to which it shows potential anti-aging, anti-inflammatory, and anti-proliferative activity resulting in a modification in "gene expression and intonation of numerous metabolic pathways" (Ruivo et al. 2015). Thus, it offers several systemic as well as topical "biological effects, such as anticancer activity, anti-aging effect, antioxidant activity, cardioprotective, anti-inflammatory activity" as described in Figure 3.2 (Yang & Meyskens 2005; Pangeni et al. 2014). Along with this, it is also effective in

the treatment of several neurodegenerative diseases and chemotherapeutics. Resveratrol is a well-known nutraceutical compound and is marketed over the counter (OTC) as a dietary supplement. In the last few years, it has attained much larger popularity and concerns and is used as a well-accepted food/nutritional supplement.

Antioxidant

 Neutralization and inhibition of reactive oxygen species (ROS), lipid peroxidation inhibition, and metal cations chelation

Cardioprotective

 Inhibition of transforming growth factor (TGF-β1) and atrial natriuretic peptide (ANP), increase in nuclear factor (NF-kB) activity

Immunomodulatory

 Increase in CD4/CD8 ratio, T lymphocytes proliferation, and B cell mediated immune response, promotion of humoral immune response and improvement in the formation of antibody cells

Antihypertensive

 Inhibition of vascular nicotinamide adenine dinucleotide phosphate (NADPH) oxidase induction and inhibition of COX-2

Anticancer

 Suppression of protein kinase and suppression of NF-kB activation, suppression of protein kinase and suppression, induction of apoptosis, cell cycle arrest and suppression of growth factor receptor (GFR)mediated pathway

Anti-inflammatory

 Inhibition of NF-kB, nitric oxide synthases (NOS) expression and also reduction in proinflammatory IL-1β, cytokines, TNF-a, and COX-2



3.1.1 Mechanism of action

Resveratrol has several biological roles as described in Figure 3.2 with its associated mechanism.

"Anti-inflammatory potential of Resveratrol results in scavenging of free radicals and thus helps in treating psoriasis-like skin condition". Resveratrol has very low oral bioavailability. Resveratrol is also known to increase the levels of first-line antioxidant defense systems present in the body.

"The oral bioavailability is less than 1% because of extensive and fast metabolism in intestine and liver leading into sulfate and glucuronide metabolites". Thus to avoid hepatic first-pass metabolism and to achieve its dermatological benefits to the fullest, it is highly desirable to deliver it at the local target site.

The following Table 3.1 is given to represent the physical properties of Resveratrol.

Molecular	C ₁₄ H ₁₂ O ₃
formula	
Molar mass	228.24 g mol ⁻¹
Appearance	white powder with slight yellow cast
Melting point	261 - 263°C / 501.8 - 505.4°F
Solubility in water	0.03 g/L
Solubility in DMSO	16 g/L
Solubility in ethanol	50 g/L
λ_{max}	304nm (trans-resveratrol, in water)
	286nm (cis-resveratrol, in water)

Table 3.1: Physical properties of Resveratrol

3.2 Excipients Profile

3.2.1 Co-surfactant (Transcutol-P)

It is a commonly used component in a cosmetic product and other over the counter topical formulations. It is quite safe and has been applied in several commercial preparations. It has been used in formulations as a co-surfactant and a penetration enhancer. According to literature "it is also used as an ingredient in nanoemulsions, sunless tanning products, and in a wide range of hair-coloring products which are rinse-off. This solvent will be a key component of many cosmetic products as well as dermatics in foreseeable future".

Table 3.2 represented the profile of Transcutol-P used. In the present study, Transcutol P was used as a cosurfactant.

Chemical name	Diethylene glycol monoethyl ether
Molecular formula	C ₆ H ₁₄ O ₃
Molecular structure	H ₃ C O OH
Molar mass	134.17 g/mol
Appearance	Liquid
Odor	Characteristic odor
Color	Clear
HLB value	4.2
Solubility	Soluble in methanol and water
Toxicity to animals	Acute oral toxicity (LD50): 10502 mg/kg
	by oral and 4000 mg/kg by intravenous
	route in rats.

Table 3.2: Profile of Transcutol-P

3.2.2 Surfactant (Tween 80)

Tween 80 (polysorbate) is a commonly used non-ionic surfactant/ emulsifier in the food and cosmetic products. It is an approved excipient and reported as safe for human use for both external and internal use.

Table 3.3 represented the profile of Tween 80.

Chemical name	Polyoxyethylene sorbitan monooleate
Molecular formula	C ₆₄ H ₁₂₄ O ₂₆
Molecular Structure	HO(CH ₂ CH ₂ O) _w (OCH ₂ CH ₂) _x OH (OCH ₂ CH ₂) _y OH (OCH ₂ CH ₂) ₂ (OCH ₂ CH ₂) ₂
Molar mass	1310 g/mol
Formula	C ₆₄ H ₁₂₄ O ₂₆
Density	1.06–1.09 g/mL, oily liquid
Physical state and appearance	Liquid (oily liquid)
Solubility	Very soluble in water, soluble in ethanol,
	cottonseed oil, corn oil, ethyl acetate,
	methanol, toluene
Odor	Fatty (slight)
Color	Clear amber, yellow

Table 3.3: Profile of Tween 80

3.2.3 Pluronic F-127

Pluronic F-127 is the trade name of Poloxamer – 407 manufactured by the German company BASF. It is a hydrophilic non-ionic surfactant and triblock copolymer consisting of a "central hydrophobic block of polypropylene glycol flanked by two hydrophilic blocks of polyethylene glycol".

Table 3.4 represented the profile of Pluronic F-127.

Chemical Name	Poly(ethyleneglycol)-block poly(propylene
	glycol)-block poly(ethylene glycol)
Molecular structure	$HO - \left(CH_2CH_2O\right) - \left(CH_2CHO \right) - \left(CH_2CHO \right) - \left(CH_2CH_2O\right) - H$ $(CH_2CH_2O) - H$ $(CH_2O) - H$ $(CH_2O) - H$ $(CH_2O) - $
Molecular weight	~12600 g/mol
Specific gravity	1.05
Boiling point	>100 °C
Solubility in water at	> 10 %
25°C	
Viscosity, cps at 77°C	3100
Melting Point	56 °C
HLB value	18-23
Surface tension (0.1%	41 dynes/cm at 25°C
aqueous)	
Form	Powder
рН	6.0 - 7.0
Water	≤ 0.75 %

Table 3.4: Profile of Pluronic F-127

3.2.4 Pluronic P-123

Pluronic P123 is a "symmetric triblock copolymer comprising poly(ethylene oxide) (PEO) and poly(propylene oxide) (PPO) in an alternating linear fashion, PEO-PPO-PEO." The unique characteristic of PPO block, which is hydrophobic at temperatures above 288 K and is soluble in water at temperatures below 288 K, leads to the formation of micelle consisting of PEO-PPO-PEO triblock copolymers. Some studies report that the hydrophobic core contains a PPO block, and a hydrophilic corona consists of a PEO block.

Chemical Name	Poly(ethylene glycol)-block-poly(propylene
	glycol)-block-poly(ethylene glycol)
Molecular structure	$HO \left(\begin{array}{c} O \\ 20 \end{array} \right) \left(\begin{array}{c} CH_3 \\ O \\ 20 \end{array} \right) \left(\begin{array}{c} O \\ 20$
Molecular weight	~5800 g/mol
Specific gravity	1.01
Boiling point	> 149 °C
Solubility in water at 25°C	>10%
Viscosity, cps at 60°C	350
Melting Point	24.99 °C
HLB value	8
Surface tension (0.1%	34 dynes/cm at 25 °C
aqueous)	
Form	Paste
рН	6.0 - 7.4
Water	0.4

Table 3.5 represented the profile of Pluronic P-123.

 Table 3.5: Profile of Pluronic P-123

3.2.5 TPGS

Vitamin E TPGS has "amphiphilic properties with each molecule consisting of polar hydrophilic (polyethylene glycol) and non-polar lipophilic (phytyl chain of d- α -tocopherol) moieties".

Chemical Name	d-α-tocopheryl polyethylene glycol 1000 succinate
Synonym	TPGS Tocophersolan
Molecular structure	$\begin{array}{c} COO(CH_2CH_2O)_{H}H \\ (CH_2)_2 \\ O \\ C \\ O \\ H_3C \\ CH_3 \\ \mathsf$
Empirical Formula	C ₃₃ O ₅ H ₅₄ (CH ₂ CH ₂ O)n
Molecular Weight	1513 (approx)
Form	water-soluble waxy solid
Color	White to light tan
Acid Value	0.027 meq/g max
Specific Gravity	1.06 at 50 °C to 1.03 at 90 °C
Melting Point	38 °C (range 37-41)
Solubility In Water	~ 20% at 20°C Forms gels between 20 to 90% mixture with water

Table 3.6: Profile of TPGS

3.2.6 Ethyl oleate

Ethyl oleate is a "fatty acid ester formed by the condensation of oleic acid and ethanol. It is a colorless to light yellow liquid. It is used as a solvent for pharmaceutical drug preparations involving lipophilic substances".

Table 3.7 represented the profile of Ethyl Oleate

Chemical Name	Oleic acid ethyl ester
Molecular structure	o o o
Molar mass.	310.51 g mol
Form	Viscous Liquid
Color	Colorless to light yellow
Density	0.87 g/cm ³
Melting Point	32 °C
Boiling Point	210 °C
Solubility in water	Insoluble, Miscible in Ethanol, Chloroform,
	Ether, Fixed oil.
Acid value	< 0.5
Iodine value	75-85
Weight per ml.	0.869 - 0.874g

Table 3.7: Profile of Ethyl Oleate

3.2.7 Carbopol

It is also known as Poly(acrylic acid) (PAA; trade name Carbomer). It is a synthetic highmolecular-weight polymer of acrylic acid. In the present study, carbomer was used as a gelling agent.

Table 3.8 represented the profile of carbopol.

Carboxypolymethylene
$(C_3H_4O_2)x(-C_3H_5 \text{ sucrose})$
907, 910, 934, 934P, 940, 941,
971P, 974P, 980 & 981.
Between 1106 and 4106 g/mol
White, fluffy, hygroscopic solid
powder with a slight acidic odour
1.76 g/cm ³ and 1.40 g/cm ³
2.5 - 3.0
Decomposition occurs at 260 °C
Practicallysoluble in water,
and after neutralization in
ethanol (95%) and glycerin
It is non toxic and non irritant
and there is no evidence of
allergic reactions or
hypersensitivity in humans.
It is used as suspending,
thickening, emulsifying and
gelling agent.

 Table 3.8: Profile of Carbopol